

man to man

Men are designed for action, excitement and success, yet all too often they find themselves bored, empty and lonely. Today's man is a product of his past. This program explores past and present relationships and examines the effects of family background on the way men think, feel and behave.

Participants will gain personal insight, support from other men and skills for living a successful life.

Information about the congregations involved

Cornerstone Uniting Church
51 Peachey Rd, Davoren Park
ph 8252 2926 or 8280 7484
Sunday 10 am

Elizabeth Church of Christ
Cnr Short & Ashfield Roads, Elizabeth
ph 8255 2467
Sunday 10 am and 6:30 pm

Northern Communities of Hope (NCOH)
- affiliated with the Churches of Christ
Meets Sunday 6 pm at Para Work Links
112 Coventry Rd, Smithfield Plains
ph 8255 2074

One Tree Hill Uniting Church ph 8284 0202
Sunday 10 am Main Rd One Tree Hill

topics covered

session 1

The Arena of Healing

session 2

Functional and Dysfunctional Family Dynamics

session 3

Co-dependency and Isolationism

session 4

Shame and Guilt

session 5

Emotions

session 6

Anger

session 7

Conflict Resolution

session 8

Sexual Addiction

session 9

Intimacy and Sexuality

session 10

Forgiveness and Moving Ahead



man to man

statement of interest

Name: _____

Address: _____

Phone Daytime _____

Evening _____

Age group __18-30 __31-40 __41-54 __55+

Preferences – please circle:

Morning	Afternoon	Evening
Term 1	Term 2	Term 3

Other comments.....

Please recognise that, if you join a course, you commit yourself to attending the total program at the agreed cost.

The program consists of a 10 week course, and you will be required to sign the Group Agreement* that will be explained in full at the first session.

Send your statement of interest to:
Coordinator Playford Recovery Ministry
Suzanne Soehman
19 Hawke Cres
Salisbury East 5109

*The Group Agreement contains guidelines that everyone agrees to follow in order to make the group a safe place. Copies of it are available for you to consider before committing yourself to the group.

Playford Recovery Ministries is a joint effort between Cornerstone Uniting Church, Elizabeth Church of Christ, Northern Communities of Hope and Mark Boyce as Chaplain to mental health services in this area. Leaders from each of these bodies form the management board.

One Tree Hill Uniting Church is also involved.

This program was written and produced by
Careforce Lifekeys
Careforce Church Mt Evelyn
PO Box 411
Mt Evelyn VIC 3795
Ph: 9736 2273

Dates

Usually in Terms 1,2 and 3.

Applications close

Normally Monday of the week before the course.

Normal Venue

Cornerstone Church House
8 Birdsmore Rd
Davoren Park

* Parking available in the church carpark.

Cost [2006]

\$30 per person - can be paid weekly - please discuss this when you enquire

For more details

Contact Coordinator: 8258 5510
coordinator@playfordrecoveryministries.org.au

or Cornerstone 8252 2926 or 8280 7484

or Website:
www.playfordrecoveryministries.org.au

This 10 week course for men offers you the chance to build better self-esteem, find hope in your life and explore spirituality.

There is insightful teaching relevant to today's experiences. The groups are run by facilitators in a supportive atmosphere with confidentiality assured.

Playford Recovery Ministries

using **Careforce Lifekeys Programs**

Man to man



A program designed to assist men to overcome the challenges of life

YOU CAN USE THIS FORM TO INDICATE YOUR INTEREST IN BEING PART OF A "SEARCH FOR LIFE" GROUP
You will be contacted when enrolments are open.